



## Day 1 – Hillsboro MAX to Alder Glen

56.1 miles, 3,408 ft. total elevation gain

Transfer on the MAX out to Hillsboro to start the day's ride. Today, we take it easy in the morning, enjoying farmland and vineyards. Carlton is our lunch spot on route, and the last quaint town before our first climb of the trip. High in the Siuslaw forest, beside the Nestucca River, you'll reached camp for the night.

[Campground Information:](#) Alder Glen Camp Ground

Price: \$11

Open: May to November

Facilities: Environmental Campsite. Vaulted toilet, picnic tables, fire rings, no showers.





## Day 1 Hillsboro MAX to Alder Glen Recommendations

In Hillsboro (start of ride)

In town, you'll find:

- Starbucks on the corner of Main St. and S 1<sup>st</sup> Ave.
- Manaia on the corner of Main St. and NE 2<sup>nd</sup> Ave.
- Great stop for a hearty breakfast or baked treat too!
- Hillsboro Pharmacy on Main St. between 2<sup>nd</sup> and 3<sup>rd</sup> Ave.

At miles 27.6, reach Carlton

This is your last chance to grab a bite for lunch and get groceries for dinner and breakfast before your big afternoon ride towards the coast.

In town, you'll find:

- Barrel 47 – contemporary American with the biggest burgers in town.
- Henry's Diner – open weekends only (F-M). Great outdoor picnic tables and food truck ambiance
- Farmer's Plate and Pantry – Pizzas, salads, and sandwiches all with an emphasis on local produce.
- The Horse Radish – Great spot for lunch or take away gourmet meats and cheeses.
- Carlton Bakery- AMAZING pastries and gourmet breads. Serves Stumptown Coffee.
- Main Street Market- more like a convenient store
- Carlton Market (On Yamhill St. 1.5 blocks north of Main) – also more like a convenient store

Don't forget to refill all your water, as there is extremely limited access to water after Carlton!

At 54 miles, there is Elk Bend Recreation Site, another camping option.

- Porto potties, no toilets. **Water. Fill up water here!**

At 56.1 miles is Alder Glen Recreation Site on your left hand side. We suggest camping here for the night!



## Day 2 – Alder Glen to Beverly Beach

70.2 miles, 2,715 ft. total elevation gain

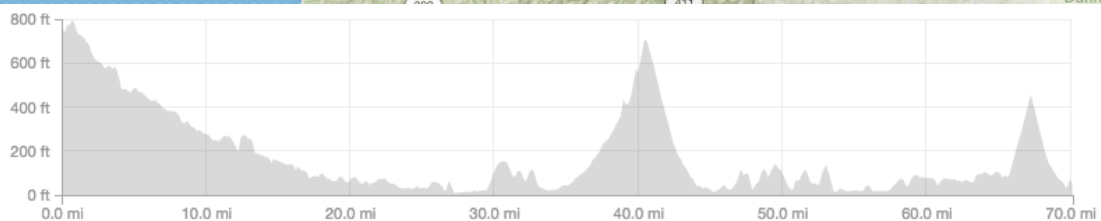
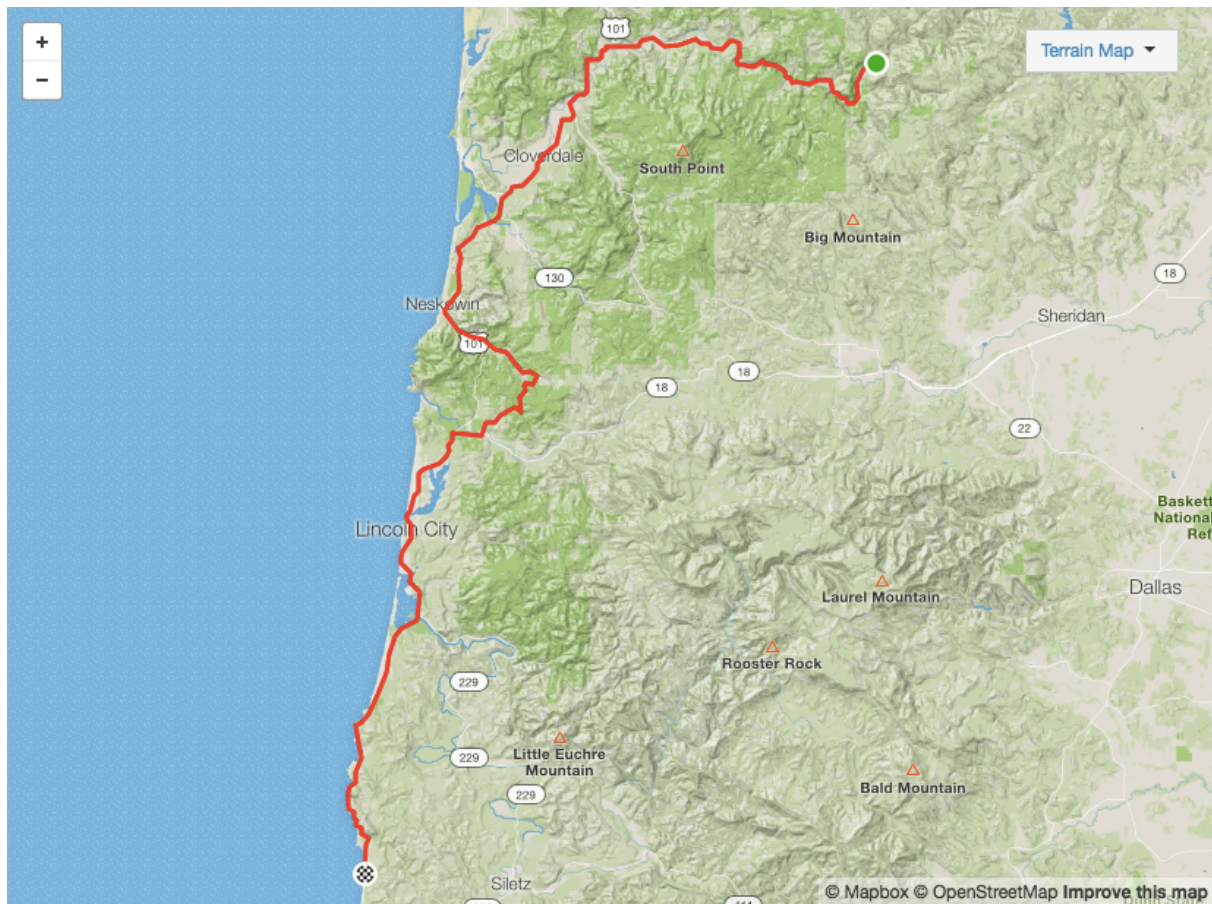
Wind through the rest of the Siuslaw National Forest before starting south on the 101. Today, we'll hit the coast, but still enjoy shaded forest roads on our ride. Stop in Neskowin, Otis, or Lincoln City for lunch, and enjoy some ocean breeze.

[Campground Information:](#) Beverly Beach State Park

Price: \$6 Hiker/Biker

Open: Year Round

Facilities: Hiker/biker site, toilets, hot showers, potable water, picnic tables, fire rings, firewood for sale, hiking trails, beach access.





## Day 2 – Alder Glen to Beverly Beach Recommendations

At mile 22, reach Hebo

In town, you'll find:

- Sunrise Deli
- Hebo Market

At mile 24.6, reach Cloverdale

In town, you'll find:

- Taqueria
- The Dory Restaurant
- Cloverdale Market

*Option to visit Pacific City:* At 27.6 miles, reach Pacific City

In town, you'll find:

- Los Caporales
- Village Coffee Shoppe
- BJ's Burgers and Tacos
- Sportsman's Pub n' Grub Inc.

At mile 34.1, reach Neskowin. This is a great spot for lunch, with beach access point and market.

In town, you'll find:

- Neskowin Trading Co. – Breach Club Bistro, Picnic Tables
- Proposal Rock Inn
- Café Hawk Creek
- Neskowin Resort

At 45.7 miles, at the junction with Highway 18 in Otis, turn **RIGHT**, heading west towards Lincoln City.

In town, you'll find:

- Otis Café
- Pronto Pups



- Salmon River Market

At 49.6 miles, you'll arrive in the town of Lincoln City.

In town, you'll find:

- Walgreens
- Safeway, Price n Pride, IGA
- Mojo Coffee (Stumptown)
- Beachtown Coffee
- Blackfish Café\*
- Deli 101
- Pirate Coffee Co.
- Streetcar Village- Antique stores, fun for browsing.
- Several Inns, banks and chain restaurants.

If you take a right off the highway, you will end up at some beach inns and resorts. Most amenities are along the 101. This is the best place to get supplies for camp tonight.

At 63.3 miles, you will enter Depoe Bay

In town, you'll find:

- Pirate Coffee Co. (closes 4 pm)
- Tidal Raves Seafood Grill
- Left Coast Coffee (closes 3 pm)
- Baywalk Café
- Chowder Bowl
- Several Inns

At 70 miles, just after crossing Johnson Creek, ***carefully*** turn **LEFT** towards the Beverly Beach State Park sign, and keep **left** towards the State Park and Campgrounds sign. This is your campground for the night! Register at the front desk before heading to the hiker/biker shared campsite. Enjoy your hot shower!





## Day 3 – Beverly Beach to Jessie M. Honeyman

60.2 miles, 2,961 ft. total elevation gain

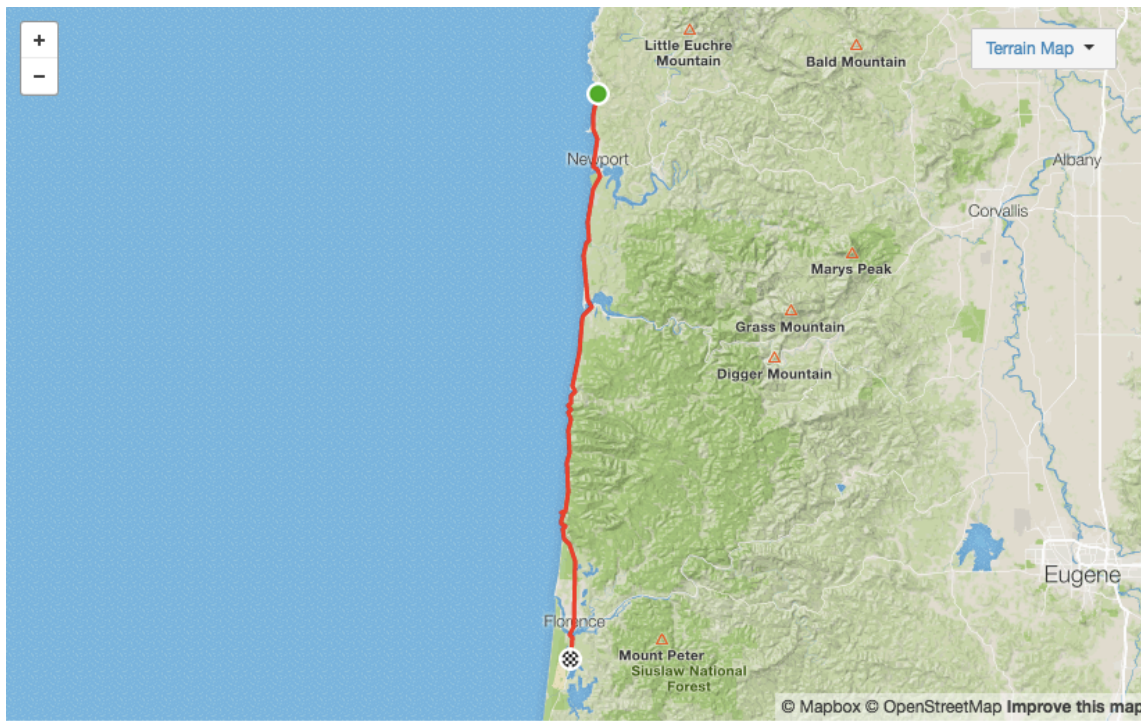
Stop in the ocean side town, Newport, to really start your morning. Great cafes, diners, and galleries are strewn throughout the streets. You'll pass several State Parks and Beaches on route this morning before entering Waldport and then Yachats, two lunch options. The afternoon is filled with incredible vista points along the coastal road, and at the end of the day, stop into Florence for your nightly supplies. The Old Town offers many dining options too. Camp is just south of town.

[Campground Information:](#) Jessie M. Honeyman Memorial State Park

Price: \$5 Hiker/Biker

Open: Year Round

Facilities: Hiker/Biker site, toilets, hot showers, potable water, picnic tables, fire rings, firewood for sale, hiking trails.





### Day 3 – Beverly Beach to Jessie M. Honeyman Recommendations

At 3.7 miles, you can take an optional side trip to Yaquina Head Lighthouse. Turn **RIGHT** at the stoplight onto Lighthouse Dr. to visit. Otherwise, stay **STRAIGHT** on the 101 S. (If you need anything in town, keep straight and you'll soon find restaurants, cafes, grocery stores, and a bike shop.)

In the quaint town of Newport, you'll find:

- Great boutiques
- Several Cafes and restaurants
- Café Stephanie
- Carl's Coffee

Many State Parks and Places of Interest are between Newport and Waldport.

- At 8.5 miles, Newport Marina and Marine Science Centre
- At 9.7 miles: South Beach State Park (restrooms, water)
- At 13.5 miles: Lost Creek State Park (picnic)
- At 15.3 miles, Ona Beach State Park (restrooms, water, beach)
- At 16.6 miles, Sea Gulch, a chainsaw art center. East side of the 101.
- At 17 miles, Seal Rock State Park (restrooms, water, picnic, beach)
- At 19.2 miles, Driftwood State Park (restrooms, water, picnic, beach)

Between Waldport and Yachats, there are some good spots for picnic stops.

- At 23.4 miles: Gov. I. L. Patterson State Park (restrooms, water, beach)
- At 25.3 miles: Beachside State Park (restrooms, campsite, water, beach)
- At 26.6 miles: Tillicum Beach Campground (No hiker/biker site)

At 29.6 miles, enter Yachats. Once you get to the heart of town (3<sup>rd</sup> St @ 101 S), find some lunch and dinner supplies:

In town, you'll find:

- Bread and Roses Bakery
- Yachats Market/Farmhouse
- Alder Bistro & Lounge
- C&K Market \*
- The Green Salmon Coffee Shoppe
- Ona Restaurant and Lounge (Brunch on weekends)



Continue on the 101 South. Careful, as the shoulder narrows once you leave town. Some places of interest include:

- At 32.5 miles: Cape Perpetua, a forested cliff side.
- At 33 miles: Devils Churn Wayside- narrow channel with foamy waves at high tide
- At 33.4 miles: Cape Perpetua Visitor Centre (info, restrooms, water)
- At 34.5 miles: Neptune State Park (restrooms, water, picnic)
- At 35.3 miles: Strawberry Hill turnout. View sea lions and harbor seals offshore
- At 35.9 miles: Bob Creek Wayside (beach)
- At 37 miles: Commercial campground (Sea Perch) and small market
- At 37.5 miles: Stonefield Beach Wayside (picnic, beach)
- At 40.1 miles: Ocean Beach Picnic Area (picnic, beach)
- At 40.5 miles: Rock Creek Campground (exit left. No hot showers)
- 41.6 miles: Muriel O. Ponsler Memorial Wayside (beach)
- 42.3 miles: Carl G. Washburne Memorial State Park (exit left for camping, hot showers)
- 44.5 miles: Devils Elbow State Park (picnic, restrooms, water, beach)

At 56.8 miles, you'll pass through Florence:

In town, just off the highway, you'll find:

- RiteAid
- Florence Pharmacy
- Grocery Outlet
- Safeway

This is the last place to stop for supplies for the night.

To visit Old Town Florence, stay **STRAIGHT** on the 101 S. until you see the sign for the **OLD TOWN** on your **LEFT** just after the Pro Lumber sign on your left. Turn **LEFT** on Maple St. to visit Florence's Old Town. (Recommended) If you reach the bridge, you have gone too far.

In the Old Town, you'll find:

- Waterfront Depot Restaurant
- Homegrown Public House





- Spice Bistro
- Bridgewater Fish House and Zebra Bar
- Nature Corner Cafe and Market \*
- Maple Street Grille
- Siuslaw River Coffee Roasters \*
- 1285 Restobar
- Beachcomber Pub

At 60.2 miles: Arrive at Jessie M. Honeyman Memorial SP

*Optional extension:*

At 61.3 miles: Dune City. You can rent a Dune Buggy here.

At 63.7 miles, Tyee Campground

- East side of 101, restrooms, water. No hiker/biker.



## Day 4 – Jessie M. Honeyman to Bullard's Beach

69.9 miles, 3,436 ft. total elevation gain

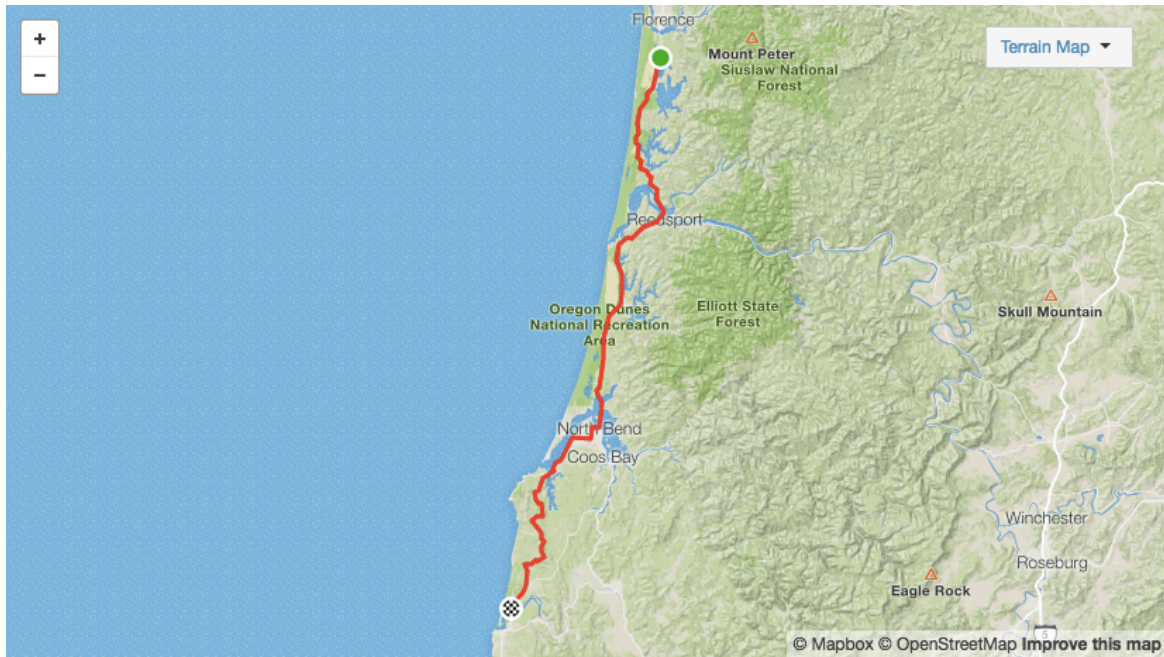
Today's ride features vistas of Clear Lake, Umpqua lighthouse, and the remains of a strong fishing industry in Oregon. We'll pass through small towns and escape to quieter roads. Anticipate a late lunch in North Bend, otherwise, pick up supplies in Reedsport or Winchester Bay to make lunch on route. Charleston is the last major town before we finish the day with an incredibly scenic climb and descent towards camp.

[Campground Information:](#) Bullards Beach State Park

Price: \$5 Hiker/Biker

Open: Year Round

Facilities: Hike/Biker site, toilets, hot showers, potable water, picnic tables, fire rings, firewood for sale, lockers with charging stations, hiking trails, access to Coquille River Lighthouse (open mid-May through September), sand dunes, and Bandon Marsh National Wildlife Refuge.





## Day 4 –Jessie M. Honeyman to Bullard’s Beach Recommendations

Leaving from Honeyman, anticipate a late lunch in North Bend today. Otherwise, plan to pick up supplies in Reedsport or Winchester Bay to make lunch on route!

At 17.8 miles, you’ll enter Reedsport.

In town, you’ll find:

- Thrift and Pride
- Safeway
- Natural Foods
- Reedsport Coffee House

At 52.2 miles: Cross the Bridge and enter Charleston. This is your last stop to refuel for the night. Pick up supplies here.

In town, you’ll find:

- Charlytown Market Place
- Davey Jones Locker Grocery and Deli
- Old General Store Groceries
- Fisherman’s Grotto Restaurant
- High Tide Café
- Nonnie’s Breakfast Bar
- Crabby Cakes Bakery and Espresso

At 69.9 miles, turn **RIGHT** into Bullards Beach State Park (just before the bridge).



## Day 5 – Bullard's Beach to Gold Beach (Indian Creek Campground)

60.5 miles, 2,649 ft. total elevation gain

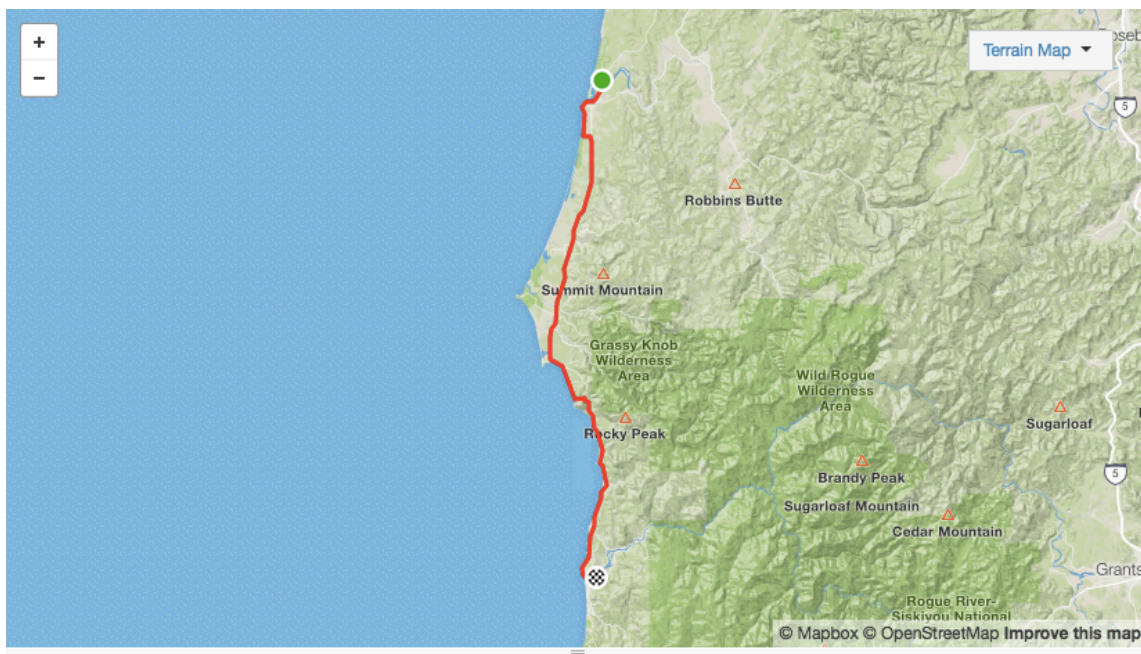
We'll go through Bandon first thing this morning, stopping in perhaps for breakfast at one of the diners in town? Our ride continues South, staying on bike roads when possible, and getting in some beautiful coastal views. Port Orford is the only major town we pass through today, and the best lunch spot en route. In the afternoon, we ride along beautiful quiet roads with the ocean just under our wheels. Camp is slightly inland after crossing the bridge into Gold Beach. Head into town for supplies should you need.

**Campground Information:** Indian Creek RV Park, Gold Beach

Price: \$18 for 2, \$2 each additional camper (May 1st-Oct. 31). \$25 (Nov 1- April 30)

Open: Year Round

Facilities: Private camp site, toilets, hot showers, potable water, picnic tables, fire rings, firewood for sale, camp store, camp restaurant (great breakfast), camp-wide wifi, sauna, recreation room, horseshoe and croquet.





## Day 5 – Bullard's Beach to Gold Beach (Indian Creek Campground) Recommendations

At 2.4 miles, turn **RIGHT** onto First St. You are now entering the old town of Bandon. Stay **STRAIGHT** to bike past town. Otherwise, explore!

This is a great spot to grab a morning coffee and treat. Below are some good options:

- Bandon Baking Co. and Deli
- Minute Café- serving full breakfast (on 2<sup>nd</sup> St)
- Bandon Coffee Co- breakfast sandwiches, bagels, coffee (on 2<sup>nd</sup> St)

At 18 miles, enter Langlois. There is a small Market and Deli on your right and the simple Greasy Spoon Café should you need a break or resupply.

*Side Trip:* At 26.8 miles, just as you get to the top of the hill, turn **RIGHT** for Cape Blanco Lighthouse and Camp Site. This is a good camping option should you need. Continue 5 miles to the campground (small sections of rough road). Isolated motorhome oriented campsite with hiker-biker facilities, hot showers, and lighthouse views.

At 30 miles, you'll enter the town of Port Orford. This is the last major town before Gold Beach and a good stop for lunch.

In Port Orford, you'll find:

- TJ Coffee House
- Ray's Food Place (Groceries)
- Agate Food and Bar
- Crazy Norwegian's
- Red Fish Restaurant (great views)
- Bonnie and Leslie's Bar and Grill
- Tasty Kate's
- One Lump or Two Espresso
- Jutta Kitchen
- Hook D Cafe



After lunch, continue on the 101 S. Don't miss Battle Rock City Park as you leave town! Shoulder size varies and can be rough.

- At 37.8 miles, Humbug Mountain Nature Area is on your left. There are camping facilities and trailheads from here.
- At 48.4 miles, Ophir rest area is on your right. (restrooms, water, beach)
- At 51.7 miles, Nesika Beach Camping is on your right.
- At 52.5 miles, Geisel Monument State Park is on your left. (camping facilities)

At 58.4 miles, at the STOP sign before the bridge, turn **RIGHT** over the shoulder-less bridge. Ride with caution.

Immediately after crossing the bridge, turn **LEFT** onto Indian Creek Rd. 0.5 miles later, at 60.5 miles, arrive at Indian Creek RV Park. Tent sites are isolated in a beautiful forested area, creekside. Register at the office.

Head into town if you need dinner or supplies!

In Gold Beach, you'll find:

- Anna's by the Sea
- Barnacle Bistro
- Waggie's Fish and Chips
- Porthole Café
- Crow's Nest Restaurant and Lounge
- Playa del Sol
- La Casita de Oro
- Double D's Café
- The Cape (Breakfast and Brunch)
- Honey Bear
- Gold Beach Books – Coffee House
- Mc Kay's Market
- Ray's Food Place





## Day 6 – Gold Beach to Crescent City (Orman Ranch)

59.1 miles, 2,778 ft. total elevation gain

After leaving Gold Beach, you'll see plenty of seaside views to start the day. If you have lunch supplies, consider stopping at Harris Beach for a picnic, or continue into Brookings for lunch along the wharf. After lunch, we'll head inland for riverside riding among rolling hills, and soon enter California. Crescent City is our stop for the night. You can choose to ride out to the one of two State Parks or rest easy in town at a local family run campsite.

### [Campground Information:](#)

#### Orman Ranch

Price: \$16 for 2, \$20 for 3.

Open: May 1- End of Season (late October)

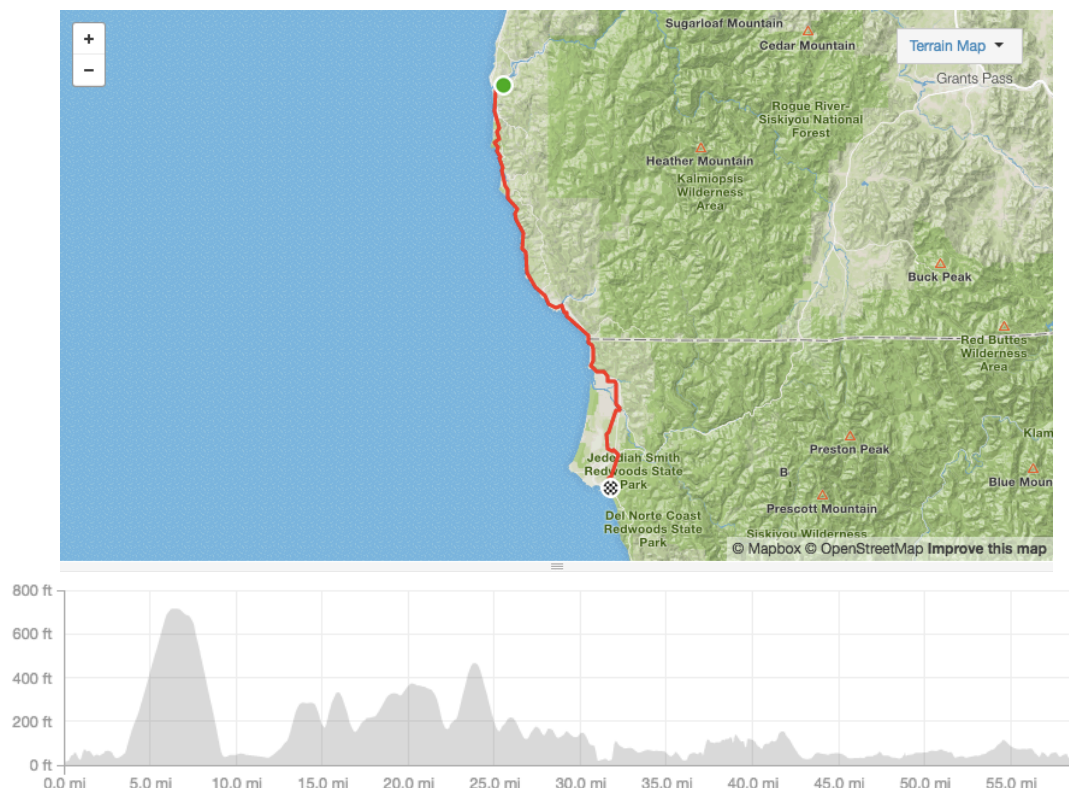
Facilities: toilets, coin operated hot shower, potable water.

#### OR Jedediah Smith Redwoods State Park:

Price: \$5 Hiker/Biker

Open: Year Round

Facilities: Hiker/Biker Site, toilets, coin operated hot showers, potable water, picnic tables, fire rings, hiking trails, groceries/convenient store 1 mile away.





## Day 6 – Gold Beach to Crescent City (Orman Ranch) Recommendations

At 0.5 miles, after turning **LEFT** onto the 101, you will pass through town.

In Gold Beach, you'll find:

- TJ Coffee House
- Ray's Food Place (Groceries)
- Agate Food and Bar
- Crazy Norwegian's
- Red Fish Restaurant (great views)
- Bonnie and Leslie's Bar and Grill
- Tasty Kate's
- One Lump or Two Espresso
- Jutta Kitchen
- Hook D Cafe
- McKay's Market

At 29.5 miles, you'll reach the start of Brookings. Large supermarkets are on this stretch of the 101.

At 30.5 Cross the Chetco River Bridge, and 0.3 miles later, turn **RIGHT** off the main road onto Lower Harbor Rd (Hwy 816). The waterfront is strewn with good restaurants and lunch options. Pick up supplies here if you plan to camp at Jeddidah. If you are staying at Orman Ranch, you can pick up supplies in Crescent City.

In town, you'll find:

In Downtown Brookings:

- Rays Food Place (Groceries)
- Bakery By the Sea
- Vista Pub
- Khun Thai
- Black Trumpet Bistro
- Pacific Sushi and Grill
- La Flor de Mexico
- Rancho Viejo
- Art Alley Grille and Snug



After the Bridge, at Brookings Harbor:

- Zola's Pizzeria- live music on weekends
- The Hungry Clam
- Sporthaven Marina Bar and Grill
- Slugs 'N Stones Ice Cream
- Kathy's Corner Market
- The Bell and Whistle Coffee House

To bike to a nearby campsite in town or to Jedidiah Redwood Forest, follow here:

1. At 53.1 miles, turn **LEFT** onto Elk Valley Rd. just before a white fence.
2. At 54.1 miles, at the 4-way with the 101, carefully continue **STRAIGHT**, keeping on Elk Valley Rd.
3. At 54.5 miles, EITHER continue **STRAIGHT** to head to the town's campsite, *or turn LEFT to go to Jedidiah National Forest.*
4. At 54.7 miles, at the multi cross intersection, keep **STRAIGHT** towards the YIELD sign. Cross Park Way Dr., and turn **RIGHT** on Elk Valley Rd.
5. At 57.7 miles, turn **LEFT** onto Norris Ave., passing a yellow fire hydrant on the corner.
6. At 57.9 miles, turn **RIGHT** onto Mathews St.
7. At 58.2 miles, turn **LEFT** at the T-intersection, onto Howland Hill.
8. At 58.3 miles, take an immediate **RIGHT** onto Humboldt Rd.
9. At 59.1 miles, turn **RIGHT** into Orman Ranch and Stables. It is located at the cross street of Peveler Ave. and Humboldt Rd.
  - a. \$16 per site per night for 2. \$20 for 3. Restroom and shower facility in welcome center/barn. Large grassy campsites among the redwoods.

To Bike to town first or to Del Norte SP (10 miles from town), follow here:

10. At 56.6 miles, at stop light and 4 way intersection, keep **STRAIGHT**.
  - a. Back Country Bicycles is on your left in the next block.
11. At 57 miles, keep **STRAIGHT** at the stop light.
12. At 57.3 miles, turn **RIGHT** onto the 101 S, following the bike route signs.
13. At 57.7 miles, keep **LEFT** on the 101 S. You are now entering the heart of Crescent City. Stop here for resupplying. Grocery Outlet and Safeway are good options.
14. At 58.2 miles, keep **LEFT** on the 101 S, crossing Front St.



- a. The shuttle stop to Klamath (skipping the big climb ahead) is just to your left on Front Street. Shuttle times to Klamath are:
  - 7:30 AM, 3:00 PM, or 7:30 PM
- 15. Following the 101 S, you can:
  - a. Take a **LEFT** onto Sand Mine Rd. and a **LEFT** on Humboldt Rd. to arrive at the Orman Ranch & Stables Campground. Campsite in town.
  - b. Continue **STRAIGHT** on the 101 S. 8 miles later, arrive at Del Norte Campground. Hiker-biker sites, hot showers, restroom facilities.



## Day 7 – Crescent City to Arcata/Eureka

60 or 80 miles, 4,622 ft. total elevation gain

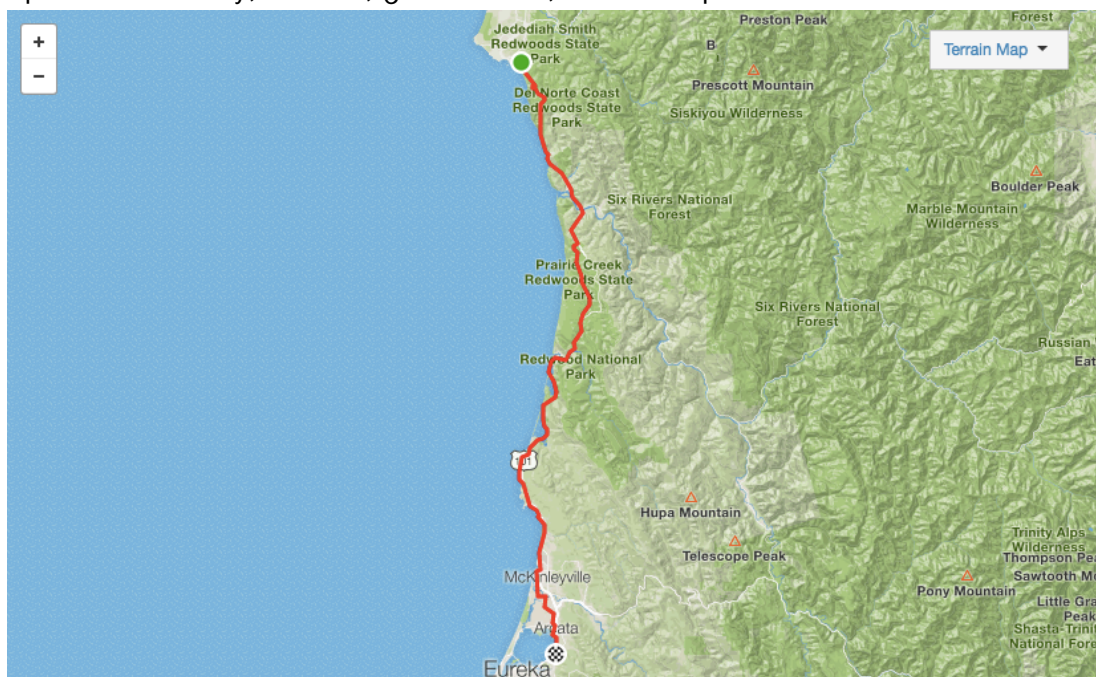
This morning you can choose to shuttle up the hill to Klamath, or start your day with a strenuous, yet rewarding climb. Either way, there is a lot to enjoy today. We'll enter redwood territory and elk prairies, meander on scenic roads, and find a bustling town square in Arcata. Lunch will likely be picnic en route, or you can stop in the small town of Orick to refuel. In the afternoon, you'll pass through Trinidad and Arcata, a small artsy community, before finishing at the private campsite in Eureka. Due to extremely limited camping options in the area, perhaps it's time for a real bed tonight? Between Arcata and Eureka, there are plenty of options.

[Campground Information:](#) Redwood Coast Cabins and RV Resort

Price: \$16 Hiker/Biker

Open: Year Round

Facilities: Toilets, hot showers, potable water, picnic tables, fire rings, washing basin, coin operated laundry, hot tub, game room, small shop.





## Day 7 – Crescent City to Arcata/Eureka Recommendations

Today, you can choose to take the shuttle up the busy road, out of Crescent City, or you can ride. Directions below start in Crescent City (Orman Ranch)

At 0.7 miles:

- a. *Bike Option:* carefully turn **LEFT** onto the 101 S. Get ready for a long steady climb. *Don't follow the bike sign straight, as it leads to a dead end/mountain trail.* Note that the shoulder varies in size and this is a busy road. Keep left of all orange cones.
- b. *Shuttle Option:* Turn **RIGHT** and head back into town to get the shuttle at Front St. Morning departure time from the bus stop is: **7:30 AM**. There is only 1 bus in the morning, so don't miss it! The next is at 3PM. Double check departure schedule.

If you take the shuttle, you will begin your ride from the gas station just outside of Klamath. There are clean bathrooms and a picnic table here. This is 20 miles into the ride.

### *Option:*

At 32.5 miles, turn **RIGHT** onto the tightly packed *gravel* road to avoid the next section on the 101. At the end of the gravel road, turn **LEFT** onto the paved road and you'll soon be at the 101. Continue South.

At 37 miles, enter Orick.

In town, there are few options, but it's about lunchtime, so...

- Palm Café
- Orick Market- grab some goodies and take them to the Redwood National State Park or at the coast at 39.6 miles.
- Snack Shack
- Shoreline Market

At 43.5 miles, Stone Lagoon is to your right. Good spot for a picnic lunch.





At 58 miles, enter the small town of Trinidad. There are some restaurants and markets for resupplying here. To continue, go **STRAIGHT** at the stop sign. Ignore all small turn offs. Sections of rough road.

In town, you'll find:

- Murphy's Markets (Grocery)
- Beachcomber Cafe
- The Lighthouse Grill
- Trinidad Memorial Lighthouse (monument)
- Trinidad Bay Eatery and Gallery

At 75.1 miles, you'll reach the town square of Arcata. This is a great spot for dinner, a drink, or just to relax before heading to the campsite.

Near the plaza, you'll find:

- Cafe Brio \*
- Libation
- The Big Blue Cafe
- Don's Donuts and Deli
- Live From New York Pizza
- Renata's Creperie
- North Coast Co-Op (Groceries - Between 8th and 9th on J St.)

At 79.5 miles, exit the highway **LEFT** carefully to the Redwood Coast Cabins and RV Resort. *Use caution when crossing. You may have to wait several minutes to cross safely.* Keep left at the market and follow to the Redwood Coast Cabins and RV Resort. Welcome home for the night!



## Day 8 – Arcata/Eureka to the Avenue of the Giants (Burlington)

60.7 miles, 3,149 ft. total elevation gain

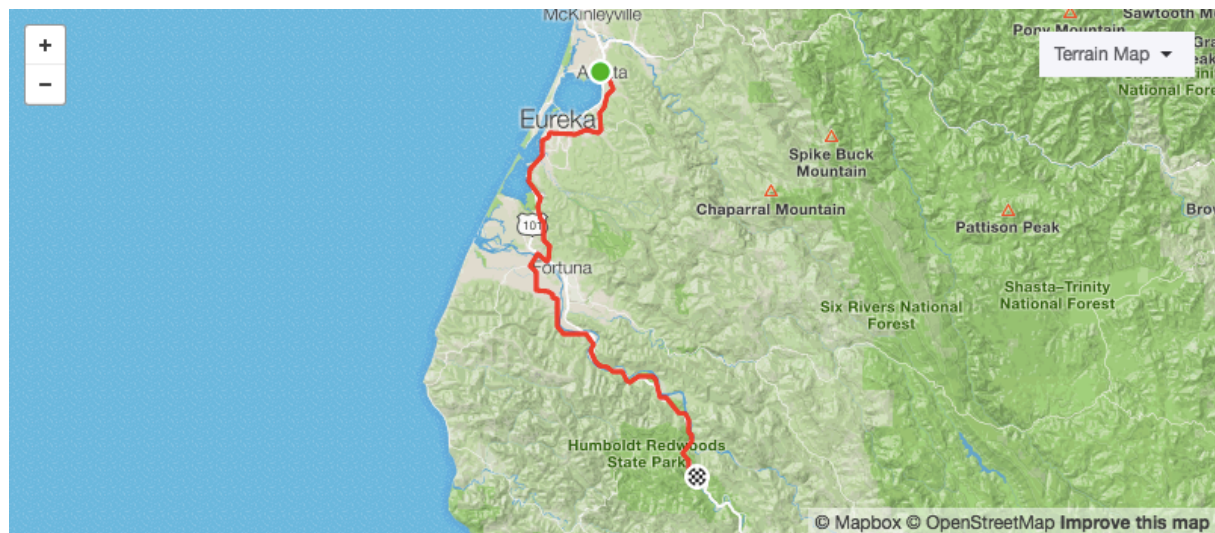
After saying goodbye to the quaint town of Arcata, we'll head into the rural back roads of Northern California, both in the hills and the valley farmlands. We'll pass the tiny town of Ferndale, known for its Humboldt Creamery, and later, Rio Dell and Scotia, once two bustling forestry communities. Today's ride ends with a glorious ride through the famous Avenue of the Giants, biking among the majestic redwoods.

[Campground Information:](#) Burlington Redwood State Park

Price: \$5 Hiker/Biker

Open: Year Round

Facilities: Hiker/Biker site, toilets, coin operated hot showers, picnic tables, fire rings, washing basin.





## Day 8 – Arcata/Eureka to the Avenue of the Giants Recommendations

As you enter Eureka, at about 5 miles into today's ride, you will turn onto Hall Ave., which soon becomes Harris St. Here, on your right-hand side, you'll pass by some options for breakfast and to pick up some supplies.

- Starbucks
- Safeway

At 25 miles, you'll arrive in the tiny town of Ferndale, a great place to stop for a coffee or a snack.

- Ridgetop Café & Coffee Barn

At 38 miles, arrive in Rio Dell. There are some good lunch options:

In town, you'll find:

- DJ's Burger Bar
- E & J Deli
- Toñetta's
- Old 101 Cafe

Entering the town of Scotia a mile further down the road, you'll find some more great spots:

In town, you'll find:

- Hoby's Market and Deli – Great place for deli and grocery stop.
- Gallagher's Pub
- Palco Pharmacy

At 52 miles, you'll pass Redcrest. This is your last chance to get supplies before the campground.

- Eternal Tree Café and a small market can be found here

At 60.7 miles, turn left into Burlington Campground. Head to the registration booth and continue to the hiker-biker site. Hot showers, toilets, picnic tables, plenty of redwoods. Enjoy your night amongst the giants!



## Day 9 – Avenue of the Giants to Standish Hickey

48 miles, 3,425 ft. total elevation gain

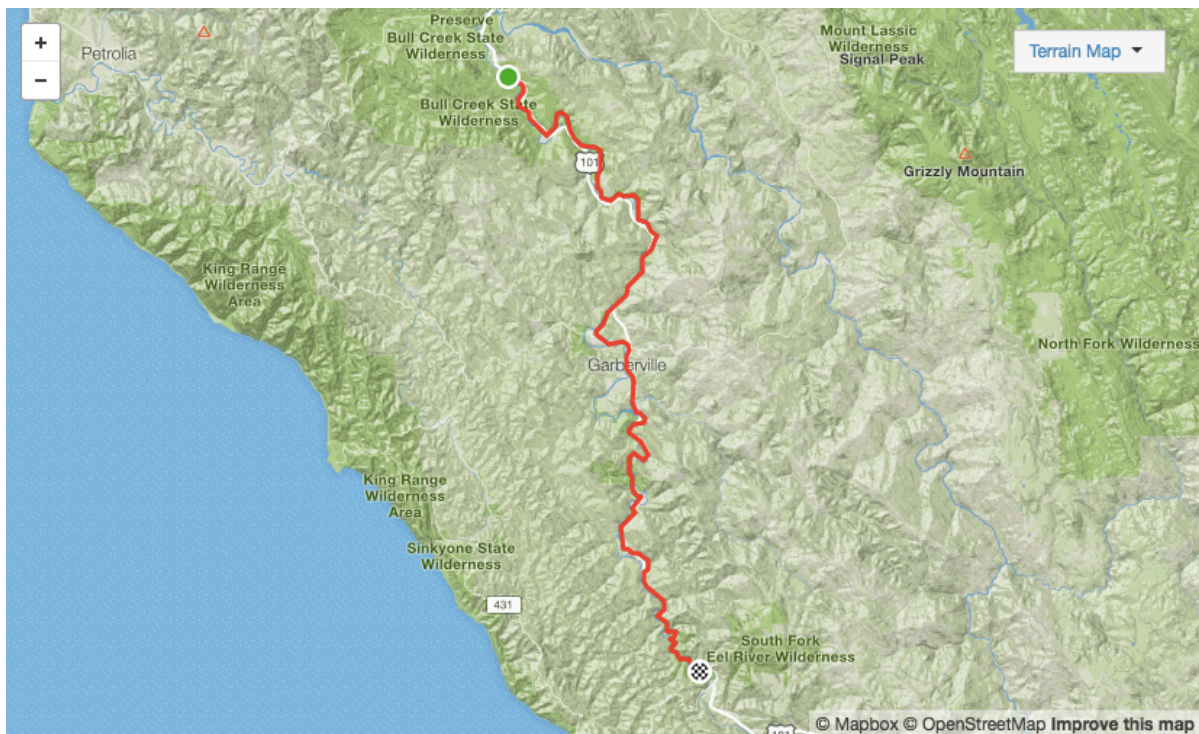
Today's ride starts in the redwoods, and meanders on quiet roads for most of the morning. By lunchtime, we enter Garberville, in the heart of Humboldt County. We have a few short sections on the 101, but we take side roads into small communities for most of the day. Finish your day in the forest, camping with the sounds of the river below. Swimming is highly encouraged.

[Campground Information:](#) Standish Hickey State Recreation Area

Price: \$5 Hiker/Biker

Open: Year Round

Facilities: Hiker/Biker site, toilets, coin operated hot showers, picnic tables, fire rings, washing basin, charging outlets, river access, local convenient/grocery store, bike stand for maintenance.





## Day 9 – Avenue of the Giants to Standish Hickey Recommendations

At 4 miles, enter Myers Flat.

In town, you'll find:

- The Daily Grind- café and espresso
- Market

At 10 miles, enter Miranda.

In town, you'll find:

- Avenue Café
- Redwood Place Trading Co.

At 16 miles, pass the Chimney Tree Café (and Living Tree) on your left. Good restroom stop.

At 22 miles, after the hill, enter Redway.

In town, you'll find:

- Shop Smart
- Signature Coffee Co.
- The Mateel Café
- Debs, Breakfast, Lunch and Dinner

At 24.5 miles, enter Garberville.

In town, you'll find:

- Fabulous Espresso Flavors
- Calico's Café

Half a mile down the road, after turning right at the stop sign, with the Chevron station on your right, you'll see these good spots on your left:

In town, you'll find:

- Bon's Bistro and Bakery. Great bagels!
- Rays Food Place
- Woodrose Café



At 34 miles, pass a small community. Espresso and small market here.

At 43 miles, pass Tree House Café and living hollowed out Redwood Tree.

At 45.5 miles, pass Frank and Bess Redwood Grove. This is a great spot to go for a dip in the river before finishing the day's ride. Water and restrooms.

At 48 miles, you are done for the day! Turn right into Standish Hickey State Park.

- Across the street, you'll find The Peg House (Deli, Café, Groceries)





## Day 10 – Standish Hickey to Van Damme

60.5 miles, 4,771 ft. total elevation gain

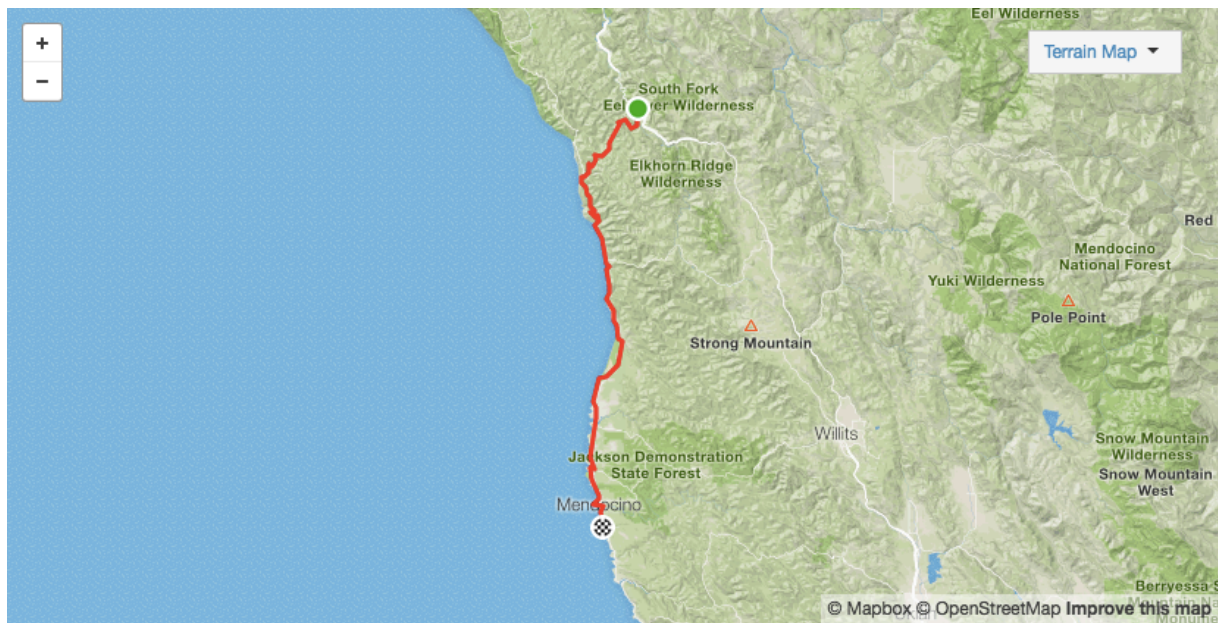
Today we hit the California coast on the famous Highway 1! We'll begin with two big climbs out to the coast, and be instantly rewarded with stunning rocky ocean views. We'll pass through quaint towns like Westport, Fort Bragg, and Mendocino before arriving at our campsite for the night, Van Damme just south of Mendocino. A picnic lunch is a good option today, unless you can make it to Fort Bragg, and Mendocino is full of enticing cafes and dinner spots.

[Campground Information:](#) Van Damme State Park

Price: \$5 Hiker/Biker

Open: Year Round

Facilities: Hiker/Biker site, toilets, coin operated hot showers, potable water, picnic tables, hiking trails, kayak rentals.





## Day 10 – Standish Hickey to Van Damme Recommendations

Two big climbs lie ahead. At 6 miles, you'll reach the top of the first major climb. Enjoy the descent! At 19.6 miles, begin climbing again. At 21.1, you'll reach the top of the second climb! Pace yourself. These are two of the hardest climbs on the ride.

At 29.5 miles, enter Westport.

In town, you'll find:

- Westport Community Store: Deli and market.
- Beach access in town.

At 41.5 miles, enter the town of Cleone. There's a small Grocery store here.

At 46 miles, you'll enter the town of Fort Bragg.

In town, you'll find:

- Nits Café
- Headlands Coffee
- The Outdoor Store
- CVS pharmacy & Rite Aide
- Safeway
- Harvest Market

You'll bike by Larger chains as you leave town, off the 101.

At 57.5 miles, enter the heart of Mendocino! This is your last chance to pick up supplies for dinner or choose to hang out and each in town.

In town, you'll find:

- Good Life Cafe
- Mendocino Café
- Fiddleheads Café
- Patterson's Pub
- Frankie's
- Harvest Market at Mendosa's
- Mendocino Market

60.5 miles, after the steep descent toward the beach, crossing Little Lake Bridge, turn left into Van Damme State Park.



## Day 11 – Van Damme to Gualala

47.6 miles, 3,803 ft. total elevation gain

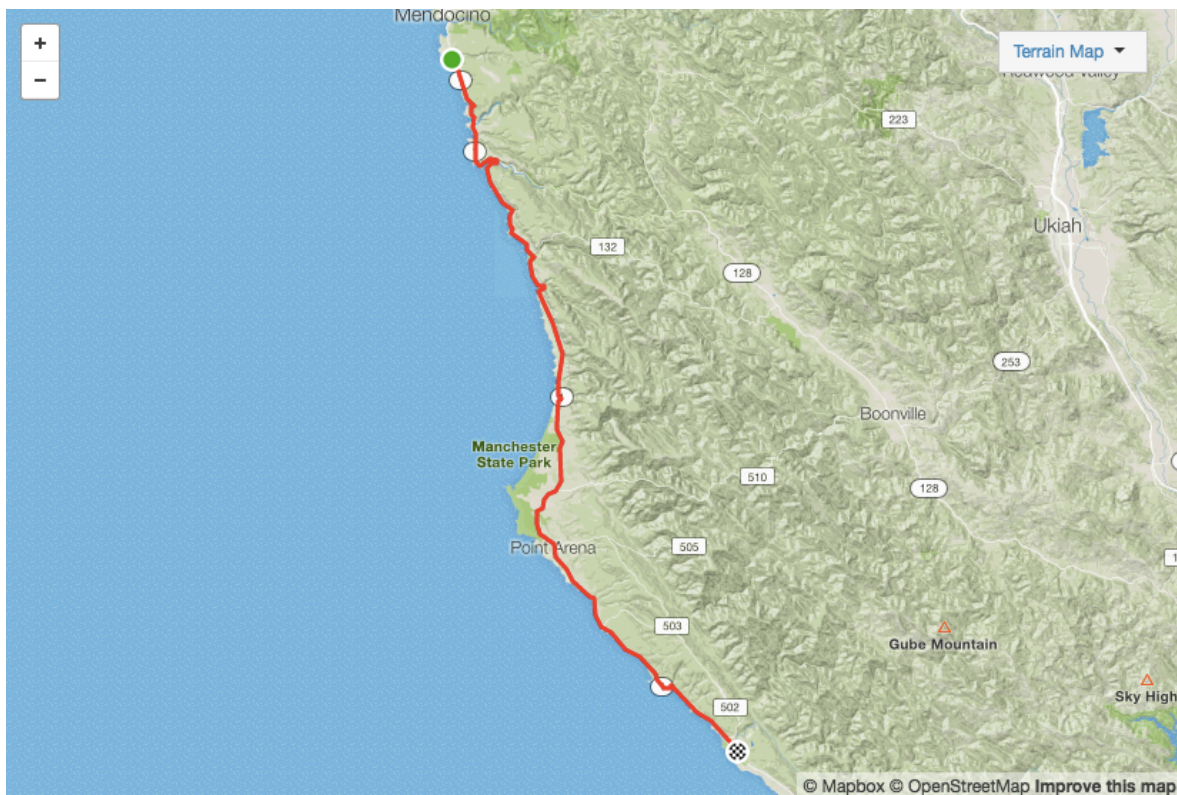
Riding between small towns, along rolling coastal roads just doesn't get old. We'll bike through the quaint villages of Point Arena, Anchor Bay and Gualala, and pass several beach access points along the way. Gualala Point Regional Park is a great spot to enjoy the afternoon.

**Campground Information:** Gualala Point Regional Park

Price: \$5 Hiker/Biker

Open: Year Round

Facilities: Hiker/Biker site, toilets, coin operated hot showers, picnic tables, potable water, fire rings, hiking trail.





## Day 11 – Van Damme to Gualala Recommendations

Turn left onto Hwy 1 S. and begin climbing. You'll soon pass Little River Market on your right.

At 3.8 miles, pass the small town of Albion. This is your last chance for groceries for 10 miles.

At 13.2 miles, enter the town of Elk. After town, the road narrows as it descends to a creek, and climbs steeply with switchbacks (steepest on the coast) as you have a short climb back to the ridge.

- This is your last chance to get groceries (Elk Store at the end of town on your left) before Manchester State Beach. Great place to pause and refuel.
- Greenwood State Beach just across from Elk Store has a port-a-potty and picnic tables.

At 26.3 miles, enter the town of Manchester. There are two grocery stores in town.

At 30.1 miles, pass the entrance for the Point Arena Lighthouse. Rollerville Café will be immediately on your right. This is a worthy, scenic side trip. 2.3 miles in and back.

At 30.5 miles, enter Point Arena, and turn right following hwy 1 south.

In town, you'll find:

- Fogeaters Market
- Arena Pharmacy
- Arena Market & Deli \*

At 42.2, pass through the town of Anchor Bay.

In town, there is:

- Anchor Bay Store
- Thai Kitchen restaurant.
- Blue Canoe Coffee and Tea

At 45.3 miles, enter Gualala.



In town, you'll find:

- Bones Road House
- SeaCliff
- Zocalo
- Surf Market \* Groceries and Deli (Restroom facility)
- Several Inns

At 47.6 miles, Gualala Point Regional Park Campground is on your left.





## Day 12 – Gualala to Bodega Dunes

45.7 miles, 3,320 ft. total elevation gain

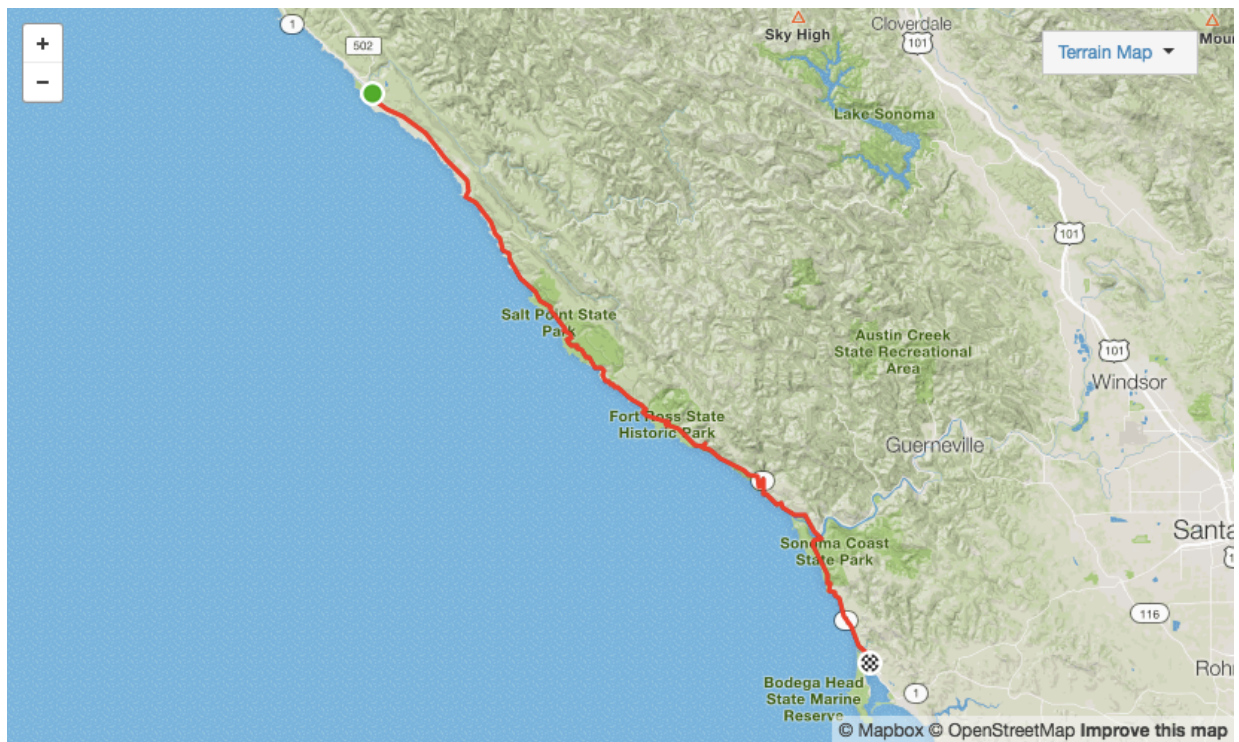
Today, we'll bike one of the most incredible climbs of the journey. Cycling high above the ocean below, the views from this cliff-side road will leave you in a state of awe. Winding along the coast, we'll pass small the relaxed riverside town of Jenner, before ending today's ride at Bodega Dunes Campground, just outside of Bodega Bay. Perhaps head out for Mexican food tonight at La Bodeguita?

[Campground Information:](#) Bodega Dunes Campground

Price: \$5 Hiker/Biker

Open: Year Round

Facilities: Hiker/Biker site, toilets, coin operated hot showers, picnic tables, potable water.







## Day 12 – Gualala to Bodega Dunes Recommendations

At 10.2 miles, enter Stewart's Point.

In town, you'll find:

- Stewarts Point Store
- Restroom facilities & picnic tables

At 19.6 miles, pass Ocean Cove. There is a small market here.

At 20.5 miles, pass Stillwater Cove Regional Park. Soon pass Alexander's Café & Restaurant.

At 23.7 miles, pass Fort Ross Store- limited groceries.

At 24.3 miles, pass Fort Ross State Historical Park. Restrooms, water, picnic area. This begins the start of 10 scenic but strenuous miles.

At 34.5 miles, enter Jenner.

In town, you'll find:

- River's End: nice restaurant
- Jenner by the Sea Café and Wine Bar
- Café Aquatica: best water front café yet.

After crossing the Russian River at mile 26.2, you'll pass many beaches along the rest of the day's ride to your right-hand side. There are lots of great spots to enjoy the view and listen to the ocean.

At 45.7 miles, turn **RIGHT** into Bodega Dunes Campground

- There's a great Mexican restaurant named "La Bodeguita," which is walking distance from the campground, on Hwy 1.

If you'd like to explore the town of Bodega Bay, continue along Hwy 1 for another mile down the road

In town, you'll find:

- The Boat House Fish and Chips



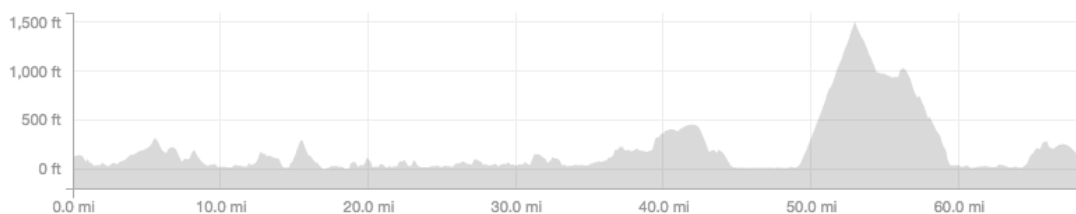
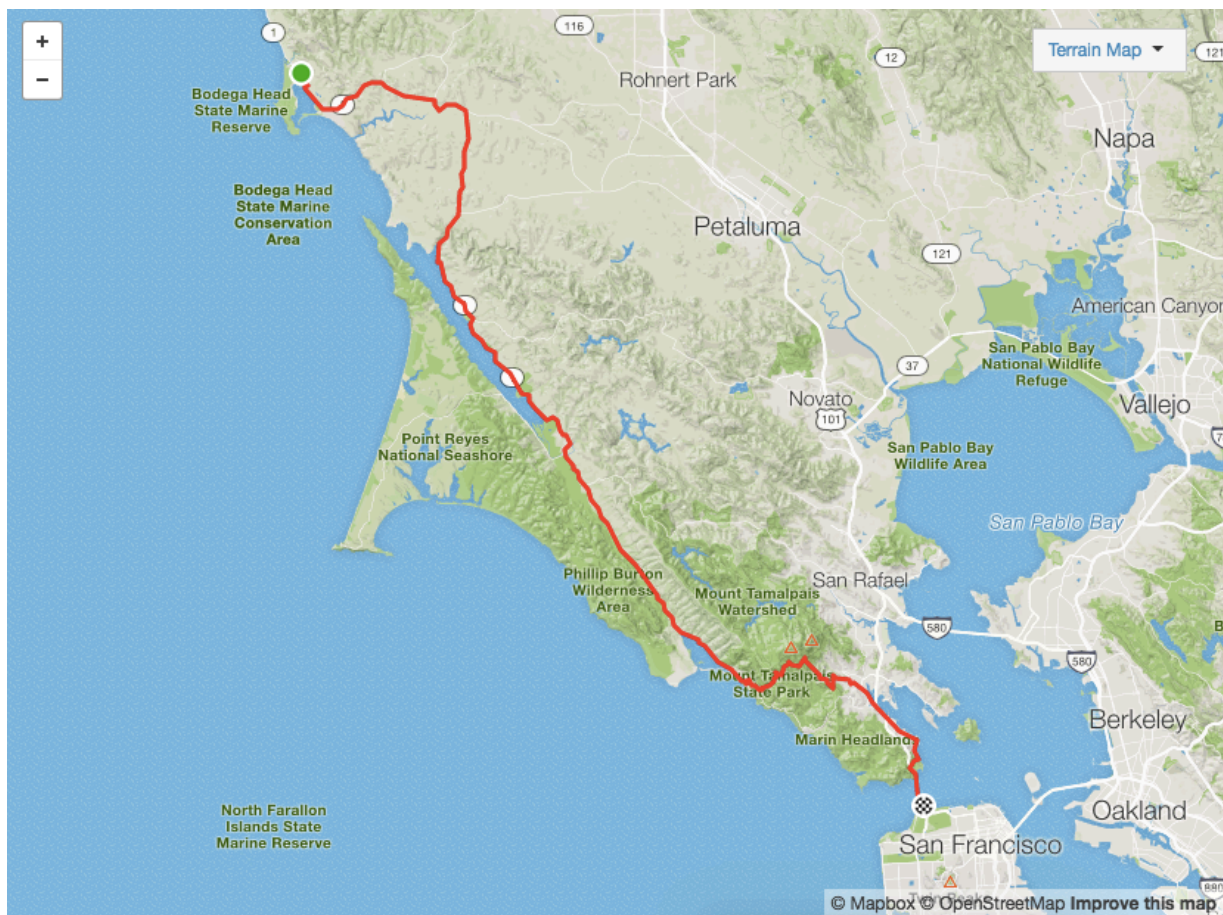
- Pelican Plaza Grocery/Deli \*
- The Bird's Café
- Sandpiper
- Diekmann's Bay Store Grocery and Deli
- Gourmet au Bay wine tasting
- The Tides Wharf & Restaurant
- Luca's Wharf
- The Dog House



## Day 13 – Bodega Dunes to San Francisco

68.5 miles, 5,031 ft. total elevation gain

Our last day takes us along the scenic Sonoma county farmland, passing Valley Ford, and Tomales. The ride passes through the town of Point Reyes Station, where there is much to be explored. From Point Reyes, the ride continues along the Sonoma coastline along Tomales Bay and onwards to Stinson Beach. The last major climb of the trip takes us winding up the side of Mt. Tamalpais, into the Marin Headlands and Sausalito, before crossing the iconic Golden Gate Bridge into San Francisco.





## Day 13 – Bodega Dunes to San Francisco Recommendations

At 1 mile, enter Bodega Bay.

In town, you'll find:

- Pelican Plaza Grocery/Deli
- The Bird's Café
- Diekmann's Bay Store Grocery and Deli

At 16.7 miles you'll enter the little town of Tomales.

In town, you'll find:

- The Deli 1 & 2
- Tomales Bakery (*incredible pastries if they're still in stock!*)
- Restroom available next to Tomales Bakery. Key in store.
- Diekmann's General Store

At 33.1 miles you'll enter into the wonderful town of Point Reyes. Stop here for lunch.

In town, you'll find:

- Bovine Bakery
- Palace Market
- Cowgirl Creamery
- Café Reyes
- Toby's Coffee Bar
- Station House Café
- Whale of a Deli & Market

At 49.3 miles welcome to the small town center of Stinson Beach!

In town, you'll find:

- Stinson Beach Market
- Breaker's Cafe
- Parkside Snack Bar & Café
- Sand Dollar Restaurant

At 66 miles, you have arrived at the Golden Gate Bridge! Well done!

\*The bike path on the Golden Gate Bridge is open Weekends 5 AM – 9 PM and Weekdays after 3:30 PM (until 9 PM Spring & Summer | until 6 PM Fall & Winter). If you ride into the city outside of these times, use the *PEDESTRIAN* sidewalk to cross into San Francisco. Please be cautious and considerate of others\*

*Congratulations, on your journey! Enjoy the views ☺*